

Ari Levine

(They/Them)

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EDUCATION

Master of Arts in Counseling Psychology June 2025

Morgridge College of Education, University of Denver, Denver, CO

- Dean's Scholarship Merit Recipient with Acceptance

Master of Fine Arts in Fiber December 2014

Cranbrook Academy of Art, Bloomfield Hills, MI

Bachelor of Science in Studio Art and Art History May 2012

Skidmore College, Saratoga Springs, NY

PRESENTATIONS

BDSM as Neurodivergent Liberation

Neurodiversity-Affirming Psychotherapy Training Institute July 2026

AASECT Annual Conference June 2026

THRIVE: BDSM and Mental Health Conference May 2026

Counselors for Social Justice (CSJ) 2026 Virtual Conference May 2026

CURE: Columbus' Ultimate Relationship Exploration January 2026

Neurodiversity-Affirming Psychotherapy Training Institute November 2025

Sexual Health Alliance, 2025 Annual Sexological Conference October 2025

Pleasure Seekers at Studio Friction May 2025

More Than Play: Neurodivergent Liberation as Kink Play

Midori Patreon Exclusive December 2025

Informed Consent: Discussion of Edge Play

CURE: Columbus' Ultimate Relationship Exploration January 2026

OHHi Collective, Ruff & Tumble: Big Sky's Kink Conference 2025 October 2025

D/s, M/s, O/s, TPE...What do all these letters mean?!

BDSM Power-Imbalanced Relationships 101

SAIGE 2024 Annual Conference: Elevating Advocacy October 2024

Neurodiversity 101

Center on Colfax Workshop May 2025

NAPTI Organizational Training October 2024

Free Training Recorded for University of Denver Counseling Students June 2024

Beyond Asking Pronouns:

Fostering Success for Trans & Gender Non-Conforming Students in Career Development

Collegiate Career Service Association: Colorado & Wyoming Spring 2024 Conference May 2024

Mx or Mixing?:

Decolonizing gender in art classes for teachers, kiddos, and the people who love them

TRANSforming Gender Conference, University of Colorado Boulder

March 2024

Transgender Day of Visibility Educational Panel

Vail Mountain School, Vail, CO

March 2023

BDSM Design Thinking: How to Build a Creative Scene

2022 Unabashed: Queer Kink Conference

October 2022

VOLUNTEER, ADVISORY, RESEARCH, AND COMMITTEE WORK

Producer

June 2025-December 2025

Unabashed: Queer Kink Conference

Neurodivergent Counselor Training Research Project

July 2024- Present

Morgridge College of Education, University of Denver, CO

Secretary

April 2024-Present

Neurodivergent Therapists of Colorado Networking Group

Volunteer Staff

September 2023-June 2025

Unabashed: Queer Kink Conference

Board Member

August 2022-October 2024

Mountain Pride, Vail Valley, CO

PROFESSIONAL EXPERIENCE

Therapist and Co-Founder

May 2025- Present

Unbound Sex Therapy & Transformative Counseling

- Provides individual counseling, sex therapy, and relationship therapy to primarily neurodivergent, gender-expansive, consensually non-monogamous, and kinky individuals using an integrative eclectic framework guided by a liberatory and person-centered lens
- Develops holistic and comprehensive treatment plans in collaboration with clients to support their unique needs and goals for therapy
- Performs ADHD and Autism assessments using neurodiversity-affirming principles that challenge internalized ableism while providing access to diagnosis to clients who need one to access necessary supports.
- Develops curriculum and leads trainings, presentations, and conversations with the larger community on topics relevant to neurodiversity, non-monogamy, gender-expansive experiences, sexuality, and BDSM
- Writes WPATH letters for clients to access gender-affirming medical care using WPATH standards of care, as well as being mindful of other relevant considerations for insurance and medical providers.
- Writes Medicaid-compliant clinical notes and treatment plans in a timely manner

Mental Health Therapist

May 2025- Present

Serotiny Counseling

- Provides individual counseling to primarily neurodivergent and gender-expansive individuals using an integrative eclectic framework guided by a liberatory and person-centered lens

- Facilitates a counseling group that focuses on psychoeducation, community support, and processing experiences surrounding gender euphoria
- Develops and evaluates holistic and comprehensive treatment plans in collaboration with clients that are Medicaid compliant, while being sensitive to the safety, goals, and needs of clients
- Performs ADHD and Autism assessments using neurodiversity-affirming principles that challenge internalized ableism while providing access to diagnosis to clients who need one to access necessary supports
- Writes WPATH letters for clients to access gender-affirming medical care using WPATH standards of care, as well as being mindful of other relevant considerations for insurance and medical providers
- Attends biweekly individual supervision and monthly clinical meetings to support continued growth as a therapist and provider
- Writes Medicaid-compliant clinical notes and treatment plans in a timely manner

Lead Trainer

April 2024- Present

Neurodiversity-Affirming Psychotherapy Training Institute (NAPTI)

- Leads neurodiversity training for mental health professionals that focuses on the clinical application of neurodiversity-affirming practices and dismantling ableism within the psychological field
- Develops curriculum, such as “BDSM and Neurodivergent Liberation” and an interactive workshop format of our “Neurodiversity 101,” for our training line-up and organization-specific trainings
- Collaborates with the training director to create new training curricula on clinical interventions relevant to sensory neurodivergent clients, such as “Suicide Prevention for Neurodivergent Clients” and “Polyvagal Theory Applied to Neurodivergent Clients.”
- Updates existing curriculum to reflect the newest research and feedback from the mental health community
- Manages website, social media, bookings, and correspondence; collects and shares new research and resources for therapists supporting neurodivergent clients
- Engages in group consultation to better serve neurodivergent clients, and provides education and insight to other counselors working with similar populations

PROFESSIONAL ORGANIZATIONS & LICENSES

Colorado LPCC License

April 14, 2025-December 31, 2027

LPCC.0023202

American Counseling Association (ACA)

January 2024- Present

ID: 6687936, ACSSW Member, CSJ Member

American Association of Sexuality Educators, Counselors and Therapists (AASECT)

August 2024- Present

Member ID: 1485069